

National Service Scheme



The **National Service Scheme (NSS)** is an Indian government-sponsored public service program conducted by the Department of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage. The cardinal principle of the NSS programme is that it is organised by the students themselves, and both students and teachers through their combined participation in community service, get a sense of involvement in the tasks of nation building.

Aim

The programme aims to inculcate social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. It also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster victims.

Introduction

Popularly known as NSS, Service to mankind in society is a concept from time immemorial. People co-operate and help each other in one or the other way in their day-today life. Many social activists preached and practiced sense of involvement in the tasks of nation building. Service to mankind in society is a concept from time immemorial.

People co-operate and help each other in one or the other way in their day-today life. Many social activists preached and practiced the theory of social service for the welfare of the society. Great personalities and various organizations have been striving hard with a sense of duty and responsibility to reach the needy and common man and sort out social issues, problems, etc.

Objectives of NSS

- *Understand the community in which they work*
- *Understand themselves in relation to their community*
- *Identify the needs and problems of the community and involve them in problem-solving*
- *Develop among themselves a sense of social and civic responsibility*
- *Utilise their knowledge in finding practical solutions to individual and community problems*
- *Develop competence required for group-living and sharing of responsibilities*
- *Gain skills in mobilising community participation*
- *Acquire leadership qualities and democratic attitudes*
- *Develop capacity to meet emergencies and natural disasters*
- *Practice national integration and social harmony*

Motto

- ***NOT ME BUT YOU***

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for selfless service. NSS helps the students develop appreciation to other person's point of view and also show consideration to other living beings.

The philosophy of the NSS is well doctined in this motto, which underlines on the belief that the welfare of an individual is ultimately dependent on the welfare of the society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

Symbol

The NSS symbol is based on the giant "Rath Wheel" of the world famous Konark Sun Temple of Orissa. The wheel portrays the cycle of creation, preservation and release and signifies the movement in life across time and space... The wheel signifies the progressive cycle of life. It also stands for dynamism and progressive outlook of youth. The symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change.

Badge

The NSS Symbol is embossed on the badge. The eight bars in the wheel represent the 24 hours of a day. The red colour indicates that the volunteer is full of young blood that is lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is tiny part, ready to contribute its share for the welfare of the mankind.

Enrollment of NSS Volunteers

- *The NSS volunteers will be enrolled from the first and second year degree-class students. Preference will be given to the students who have worked as NSS volunteers at +2 level also.*
- *Students belonging to minority communities, scheduled castes and scheduled tribes are encouraged to participate in NSS.*
- *Girls are encouraged to join NSS.*
- *NCC cadets will not be allowed to join NSS. Similarly NSS volunteers cannot participate in NCC or any other youth organization as long as they are in NSS.*

NSS Theme for the Year-2013-2014

Every year the Government of India evolves a theme based on which the NSS activities of the year shall be carried out.

HEALTHY YOUTH FOR HEALTHY INDIA

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education.

This theme will continue for the next years.

Activities of NSS Volunteers

The Activities under NSS are two-fold, viz. i) Regular activities, which are undertaken during the working days of the semester, and ii) Special Camping activities for 10 days duration in the adopted village/urban slum during vacation. Each NSS unit in the college is expected to adopt a nearby village/slum and work for its all-round development.

Overview of NSS unit of the college

NSS unit of the college came into existence in the year 2015-10-21. Since then programmes have been held continuously with faculty members serving as NSS program officers leading the student volunteers. The faculty of the college Asst. Prof. Sajeev M S, Asst. Prof. Jeffin Ibrahim, Asst. Prof. Geethu Thambi, Asst.Prof. Prathosh A C, Asst. Prof. Gibi Issac, Librarian. Resheena Mathew, Asst. Prof. Amrutha Manikandan, Asst. Prof. Lija Joy, Asst. Prof. Elson Eldhose, Asst. Prof. Veena P V Asst.Prof. Ebrahim Jacob, Associate.Prof. Shabi Kamal is functioning as the Program Officer of NSS.

Quite a number of 10 day annual special camps are going to conduct by the college NSS unit in the adopted villages. About more than 100 volunteers deputed to participate in the camp would stay in the village for the complete duration of 10 days and serve there in different ways, like construction of school buildings, Beautification of temple surroundings cleaning of wells, desilting of lakes and tanks, tree plantation, etc. These tasks are prioritized after consulting

The local people may generally assist the volunteers in the successful completion of the work. In the evening, community education programs and entertainment events are held which include skits, short plays, folk songs and dance, light music, debates, talks, etc.

Programmes are also conducted once a week in the college campus throughout the academic year giving importance to cleaning the premises, gardening, playground maintenance, etc. Orientation classes are conducted to discuss different topics. Issues like unemployment problem, urbanization, challenges in higher education, Eco awareness, traffic awareness, information technology, human rights, etc. are discussed.

At present, Mr. Sajeev MS is functioning as the Program Officer of NSS Unit ILMCET.